

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nicole Long

Has successfully participated & completed the

12km Adventure Included: Kingskloof Paradise Trail

held at Kings Kloof.

TIME 01:46:00

PACE 08:49/km

OVERALL 103 of 126

GENDER 49 of 67

40 - 49 14 of 20

17 March 2019, Sun

Date



BoutTime

Signature